



CROSFIELDS
SENIOR SCHOOL

Enrichment

The embedded activities on a Friday afternoon are up and running again and provide a valuable part of the school curriculum. Each of these activities has one or more of the following aim(s):

- a) Personal skills: Leadership, Communication skills, Performance, Creativity, Decision-making, Co-operation,**
- b) Time Management and Organisational skills**
- c) Stress relief and relaxation/Improved Health and wellbeing**
- d) Improved social skills**
- e) increased Self-esteem**

It is also an opportunity for pupils to work towards the completion of the Might Oak and Giant Sequoia awards. Although, regrettably, these were not presented to year 9 at the end of the year, we will ensure that those who completed the requirements will receive their certificates this term as recognition of their efforts.

With this in mind, these are the activities for this term:

Year Group	Activity	Aim
7 C	Artful Maths	a,c,e a,b,c,d &
7I	Podcasting/Radio/Streaming Shows	e.
7Q	Calisthenics	a,c,d,e
7S	Poetry Slam	a,c,d,e
8C	Textiles	a b c e
8I	Volleyball	a,c,d
8Q	£10 Challenge	a,b a,b,d and e
8S	Forest School	e
9C	Youth Politics	a,b
9I	Run and Stretch	c
9Q	Design & Make	a, b
9S	Human Rights Think Tank	a, b, d , e
10 option 1	Technology in the news - review and discussion	a,d
10 option 2	Movie Makers	a,b,c
10 option 3	Sports Leaders	a,b,c,d,e
yr 9 & 10	Rowing (invitation)	a,c,d