

WEEKLY MENU

PRE-PREP & JUNIORS

Monday	Tuesday	Wednesday	Thursday	Friday
Soup Leek & Potato with Homemade Bread of the Day	Soup Cream of Squash with Homemade Bread of the Day	Soup French Onion with Homemade Bread of the Day	Soup Roasted Red Pepper with Homemade Bread of the Day	Soup Cream of Spinach with Homemade Bread of the Day
Main Dish Mac & Cheese with Bacon & Crispy Onion (GF,DF,& HF Available)	Main Dish Beef Chilli Con Carne (GF,DF,& HF Available)	Main Dish Crispy Chicken with Sticky Asian Sauce (GF,DF,& HF Available)	Main Dish Roast Turkey with Sage & onion stuffing & Cranberry Sauce (GF,DF,& HF Available)	Main Dish Fish & Chips with all the trimmings (GF,DF,& HF Available)
Vegan/Veggie Main Dish Creamy Butternut squash & Tomato Pasta Bake (GF,DF,& HF Available)	Vegan/Veggie Main Dish Butter Bean Chilli (GF,DF,& HF Available)	Vegan/Veggie Main Dish Crispy Sweet & Sour Tofu (GF,DF,& HF Available)	Vegan/Veggie Main Dish Butternut Squash Wellington (GF,DF,& HF Available)	Vegan/Veggie Main Dish Crispy Battered Halloumi with sweet chilli (GF,DF,& HF Available)
Side Dish & Salads Garlic & Rosemary Focaccia Sweetcorn Peas Artisan Salad Bar	Side Dish & Salads Mexican Tomato Rice Roasted Corn Sour Cream Guacamole Tomato salsa Artisan Salad Bar	Side Dish & Salads Vegetable Fried Noodles Sautéed Broccoli with garlic Asian Slaw Artisan Salad Bar	Side Dish & Salads Crispy Roasted Potatoes Honey & Thyme Roasted Carrots Braised Cabbage Gravy Artisan Salad Bar	Side Dish & Salads Chunky Chips Baked Beans Mushy Peas Artisan Salad Bar
Pudding Apple & Cinnamon Cake Prepared Fruit Pots Mixed Fruit Yoghurt Pots Whole Fruit (Vegan, DF and GF available)	Pudding Cornflake tart Prepared Fruit Pots Whole Fruit Mixed Fruit Yoghurt Pots (Vegan, DF and GF available)	Pudding Fruit FlapJack Prepared Fruit Pots Mixed Fruit Yoghurt Pots Whole Fruit (Vegan, DF and GF available)	Pudding Bread & Butter Pudding with Custard Prepared Fruit Pots Mixed Fruit Yoghurt Pots Whole Fruit (Vegan, DF and GF available)	Pudding Selection of Jelly Pots Prepared Fruit Pots Mixed Fruit Yoghurt Pots Whole Fruit (Vegan, DF and GF available)

For weeks commencing: 1 Sept, 22 Sept, 13 Oct, 17 Nov, 8 Dec

WEEKLY MENU

PRE-PREP & JUNIORS

Monday	Tuesday	Wednesday	Thursday	Friday
Soup Carrot & Coriander with Homemade Bread of the Day	Soup Spiced Lentil with Homemade Bread of the Day	Soup Broccoli & Kale with Homemade Bread of the Day	Soup Mushroom & Tarragon with Homemade Bread of the Day	Soup Cream of Tomato with Homemade Bread of the Day
Main Dish Grilled Chicken with Chasseur Sauce (GF,DF & HF available)	Main Dish Italian Beef Meatball with Ragu Sauce (GF,DF & HF available)	Main Dish Tandoori, coconut Chicken Curry (GF,DF & HF available)	Main Dish Cumberland Sausage (GF,DF & HF available)	Main Dish Fish & Chips with all the trimmings (GF,DF,& HF Available)
Vegan/Veggie Main Dish Roasted Vegetable Tart (GF,DF & HF available)	Vegan/Veggie Main Dish Lentil Bolognese (GF,DF & HF available)	Vegan/Veggie Main Dish Spinach, Sweet Potato & Lentil Dahl (GF,DF & HF available)	Vegan/Veggie Main Dish Vegetarian Sausage (GF,DF & HF available)	Vegan/Veggie Main Dish Breaded Vegan Fillet (GF,DF & HF available)
Side Dish & Salads Herb Roasted New Potatoes Broccoli Sliced Carrots Artisan Salad Bar	Side Dish & Salads Spaghetti Broccoli Sliced Carrots Garlic Bread Artisan Salad Bar	Side Dish & Salads Basmati Rice Curried Cauliflower & Spinach Naan Artisan Salad Bar	Side Dish & Salads Creamy Mach Buttered Green Beans Glazed Carrots Onion Gravy Artisan Salad Bar	Side Dish & Salads Chunky Chips Baked Beans Mushy Peas Artisan Salad Bar
Pudding Sultana Cake with Custard Prepared Fruit Pots Mixed Fruit Yoghurt Pots Whole Fruit (Vegan, DF and GF available)	Pudding Rice Pudding with Fruit Compot Prepared Fruit Pots Whole Fruit Mixed Fruit Yoghurt Pots (Vegan, DF and GF available)	Pudding Banana Loaf Prepared Fruit Pots Mixed Fruit Yoghurt Pots Whole Fruit (Vegan, DF and GF available)	Pudding Apple Crumble & Custard Prepared Fruit Pots Mixed Fruit Yoghurt Pots Whole Fruit (Vegan, DF and GF available)	Pudding Selection of Jelly Pots Prepared Fruit Pots Mixed Fruit Yoghurt Pots Whole Fruit (Vegan, DF and GF available)

For weeks commencing: 8 Sept, 29 Sept, 3 Nov, 24 Nov

WEEKLY MENU

PRE-PREP & JUNIORS

Monday	Tuesday	Wednesday	Thursday	Friday
Soup Pea & Mint with Homemade Bread of the Day	Soup Tomato & Basil with Homemade Bread of the Day	Soup World Food Focus Themed Day	Soup Spiced Carrot & Lentil with Homemade Bread of the Day	Soup Country Vegetable with Homemade Bread of the Day
Main Dish Beef Bolognaise (GF,DF & HF available)	Main Dish Margherita Pizza (GF,DF & HF available)	Main Dish World Food Focus Themed Day (GF,DF & HF available)	Main Dish Cottage Pie (GF,DF & HF available)	Main Dish Fish & Chips with all the trimmings (GF,DF,& HF Available)
Vegan/Veggie Main Dish Roasted ratatouille pasta (GF,DF & HF available)	Vegan/Veggie Main Dish Margherita Pizza (GF,DF & HF available)	Vegan/Veggie Main Dish World Food Focus Themed Day (GF,DF & HF available)	Vegan/Veggie Main Dish Vegetable & lentil Cottage pie topped with sweet potato mash (GF,DF & HF available)	Vegan/Veggie Main Dish Vegetable Burger (GF,DF & HF available)
Side Dish & Salads Penne Sliced Carrots Green Beans Garlic Bread Artisan Salad Bar	Side Dish & Salads Crispy Wedges Coleslaw Cucumber Sweetcorn Artisan Salad Bar	Side Dish & Salads World Food Focus Themed Day	Side Dish & Salads Green Beans Peas Gravy Artisan Salad Bar	Side Dish & Salads Chunky Chips Baked Beans Mushy Peas Artisan Salad Bar
Pudding Vanilla Shortbread Prepared Fruit Pots Mixed Fruit Yoghurt Pots Whole Fruit (Vegan, DF and GF available)	Pudding Jam & Coconut Sponge with Custard Prepared Fruit Pots Whole Fruit Mixed Fruit Yoghurt Pots (Vegan, DF and GF available)	Pudding Prepared Fruit Pots Mixed Fruit Yoghurt Pots Whole Fruit (Vegan, DF and GF available)	Pudding Syrup Sponge with Custard Prepared Fruit Pots Mixed Fruit Yoghurt Pots Whole Fruit (Vegan, DF and GF available)	Pudding Selection of Jelly Pots Prepared Fruit Pots Mixed Fruit Yoghurt Pots Whole Fruit (Vegan, DF and GF available)

For weeks commencing: 15 Sept, 6 Oct, 10 Nov, 1 Dec