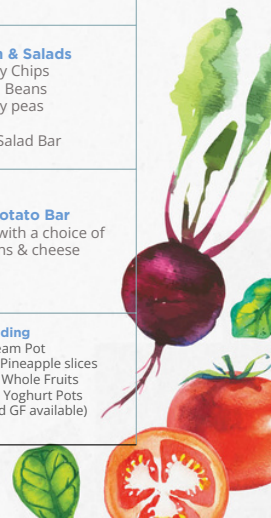


WEEKLY MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Soup Leek and Potato with Homemade Bread of the day	Soup Corn Chowder with Homemade Bread of the day	Soup Roasted Squash & Ginger with Homemade Bread of the day	Soup Carrot & Coriander with Homemade Bread of the day	Soup Roasted Red Pepper with Homemade Bread of the day
Main Dish Chicken & Vegetable Curry with Mango Chutney (GF, DF & HF available)	Main Dish Beef Lasagne (GF, DF & HF available)	Main Dish Cheesy BBQ Chicken Fajitas Wrap (GF, DF & HF available)	Main Dish Pork sausages (GF, DF & HF available)	Main Dish Fish & Chips With all the trimmings (GF, DF & HF available)
Vegan/Veggie Main Dish Lentil & Sweet Potato Curry (GF and DF available)	Vegan/Veggie Main Dish Roasted Mediterranean vegetable & Lentil Lasagne (Vegan, GF and DF available)	Vegan/Veggie Main Dish Mixed Bean Chilli Taco (GF and DF available)	Vegan/Veggie Main Dish Vegetarian Sausages (GF and DF available)	Vegan/Veggie Main Dish Bean Burger (GF and DF available)
Side Dish & Salads Steamed Rice Roasted Cauliflower Carrots Poppadom's Artisan Salad Bar	Side Dish & Salads Peas Green Beans Garlic Bread Artisan Salad Bar	Side Dish & Salads Pilaf Rice Sweetcorn Broccoli Artisan Salad Bar	Side Dish & Salads Creamy Mash Potato Savoy Cabbage Carrots Gravy Artisan Salad Bar	Side Dish & Salads Chunky Chips Baked Beans Mushy peas Artisan Salad Bar
Jacket Potato & Pasta Bar Wholewheat Pasta with Sauce of the Day Baked potato with a choice of baked beans & cheese	Jacket Potato Bar Baked potato with a choice of baked beans & cheese	Jacket Potato & Pasta Bar Wholewheat Pasta with Sauce of the Day or Baked potato with a choice of baked beans & cheese	Jacket Potato Bar Baked potato with a choice of baked beans & cheese	Jacket Potato Bar Baked potato with a choice of baked beans & cheese
Pudding Banana & Chocolate Cake Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)	Pudding Selection of Flavoured Jelly Watermelon & Pineapple slices Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)	Pudding Tottenham Cake Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)	Pudding Sticky Ginger Cake Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)	Pudding Ice Cream Pot Watermelon & Pineapple slices Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)

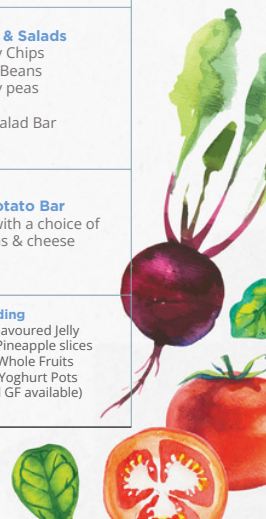


Weeks commencing: 21 Apr, 11 May, 8 Jun, 29 Jun

WEEKLY MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Soup Pea & Mint with Homemade Bread of the day	Soup Cream of Tomato with Homemade Bread of the day	Soup Mushroom with Homemade Bread of the day	Soup Spiced Lentil with Homemade Bread of the day	Soup Leak & Potato with Homemade Bread of the day
Main Dish Mac N Cheese with Toppings (GF, DF & HF available)	Main Dish Chicken & Vegetable biryani (GF, DF & HF available)	Main Dish Lemon & Herb Roast Chicken Thighs (GF, DF & HF available)	Main Dish Turkey Chilli with Salsa & Sour Cream (GF, DF & HF available)	Main Dish Breaded Chicken Goujons (GF, DF & HF available)
Vegan/Veggie Main Dish Vegan Mac & Cheese with Toppings (GF and DF available)	Vegan/Veggie Main Dish Matar Paneer (GF and DF available)	Vegan/Veggie Main Dish Roasted Vegetable & Mozzarella Turnover (GF and DF available)	Vegan/Veggie Main Dish Mixed Bean Chilli with Salsa & Sour Cream (GF and DF available)	Vegan/Veggie Main Dish Courgette & Tomato Frittata (GF and DF available)
Side Dish & Salads Sweetcorn Peas Artisan Salad Bar	Side Dish & Salads Basmati Rice Cauliflower Roasted Carrot Artisan Salad Bar	Side Dish & Salads Roasted New Potatoes Broccoli Green Beans Gravy Artisan Salad Bar	Side Dish & Salads Basmati Rice Creamed Spinach Carrots Tortilla Chips Artisan Salad Bar	Side Dish & Salads Chunky Chips Baked Beans Mushy peas Artisan Salad Bar
Jacket Potato Bar Baked potato with a choice of baked beans & cheese	Jacket Potato Bar Baked potato with a choice of baked beans & cheese	Jacket Potato & Pasta Bar Penne Pasta with Sauce of the Day or Baked potato with a choice of baked beans & cheese	Jacket Potato & Pasta Bar Penne Pasta with Sauce of the Day or Baked potato with a choice of baked beans & cheese	Jacket Potato Bar Baked potato with a choice of baked beans & cheese
Pudding Blueberry Cake Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)	Pudding Selection of Flavoured Jelly Watermelon & Pineapple slices Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)	Pudding Beetroot Brownie Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)	Pudding Banana Cake Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)	Pudding Selection of Flavoured Jelly Watermelon & Pineapple slices Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)

Weeks commencing: 27 Apr, 18 May, 15 Jun, 6 Jul



WEEKLY MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Soup Vegetable with Homemade Bread of the day	Soup Carrot with Homemade Bread of the day	Soup Roasted Squash & Ginger with Homemade Bread of the day	Soup Curried Lentil with Homemade Bread of the day	Soup Sweet Potato with Homemade Bread of the day
Main Dish Beef Meatball with Tomato Ragu (GF, DF & HF available)	Main Dish Sweet & Sour Chicken (GF, DF & HF available)	Main Dish Margherita Pizza (GF, DF & HF available)	Main Dish Chicken & Chorizo Paella (GF, DF & HF available)	Main Dish Pulled Chicken Bap (GF, DF & HF available)
Vegan/Veggie Main Dish Roasted Vegetable & Lentil Bolognese (GF and DF available)	Vegan/Veggie Main Dish Squash with Black bean (Vegan, GF and DF available)	Vegan/Veggie Main Dish Roasted Summer vegetable & Feta Quiche (GF and DF available)	Vegan/Veggie Main Dish Lemon and basil Risotto with Tofu (GF and DF available)	Vegan/Veggie Main Dish Vegetable Burger (GF and DF available)
Side Dish & Salads Pasta Sweetcorn Peas Garlic Bread Artisan Salad Bar	Side Dish & Salads Steamed Rice Broccoli Carrots Prawn Cracker Artisan Salad Bar	Side Dish & Salads Roasted New Potatoes Peas Carrots Artisan Salad Bar	Side Dish & Salads Broccoli Green Beans Artisan Salad Bar	Side Dish & Salads Chunky Chips Baked Beans Sweetcorn Artisan Salad Bar
Jacket Potato Bar Baked potato with a choice of baked beans & cheese	Jacket Potato & Pasta Bar Tricolour Fusilli Pasta with Sauce of the Day or Baked potato with a choice of baked beans & cheese	Jacket Potato Bar Baked potato with a choice of baked beans & cheese	Jacket Potato & Pasta Bar Tricolour Fusilli Pasta with Sauce of the Day or Baked potato with a choice of baked beans & cheese	Jacket Potato Bar Baked potato with a choice of baked beans & cheese
Pudding Lemon Drizzle Cake Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)	Pudding Selection of Flavoured Jelly Watermelon & Pineapple slices Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)	Pudding Fruit Flapjack Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)	Pudding Mixed Berry Eton Mess Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)	Pudding Ice Cream Pot Watermelon & Pineapple slices Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)

Weeks commencing: 4 May, 1 Jun, 22 Jun

