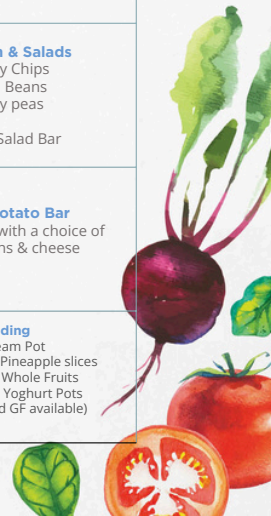


WEEKLY MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Soup Leek and Potato with Homemade Bread of the day</p>	<p>Soup Corn Chowder with Homemade Bread of the day</p>	<p>Soup Roasted Squash & Ginger with Homemade Bread of the day</p>	<p>Soup Carrot & Coriander with Homemade Bread of the day</p>	<p>Soup Roasted Red Pepper with Homemade Bread of the day</p>
<p>Main Dish Chicken & Vegetable Curry with Mango Chutney (GF, DF & HF available)</p>	<p>Main Dish Beef Lasagne (GF, DF & HF available)</p>	<p>Main Dish Cheesy BBQ Chicken Fajitas Wrap (GF, DF & HF available)</p>	<p>Main Dish Pork sausages (GF, DF & HF available)</p>	<p>Main Dish Fish & Chips With all the trimmings (GF, DF & HF available)</p>
<p>Vegan/Veggie Main Dish Lentil & Sweet Potato Curry (GF and DF available)</p>	<p>Vegan/Veggie Main Dish Roasted Mediterranean vegetable & Lentil Lasagne (Vegan, GF and DF available)</p>	<p>Vegan/Veggie Main Dish Mixed Bean Chilli Taco (GF and DF available)</p>	<p>Vegan/Veggie Main Dish Vegetarian Sausages (GF and DF available)</p>	<p>Vegan/Veggie Main Dish Bean Burger (GF and DF available)</p>
<p>Side Dish & Salads Steamed Rice Roasted Cauliflower Carrots Poppadom's Artisan Salad Bar</p>	<p>Side Dish & Salads Peas Green Beans Garlic Bread Artisan Salad Bar</p>	<p>Side Dish & Salads Pilaf Rice Sweetcorn Broccoli Artisan Salad Bar</p>	<p>Side Dish & Salads Creamy Mash Potato Savoy Cabbage Carrots Gravy Artisan Salad Bar</p>	<p>Side Dish & Salads Chunky Chips Baked Beans Mushy peas Artisan Salad Bar</p>
<p>Jacket Potato & Pasta Bar Wholewheat Pasta with Sauce of the Day Baked potato with a choice of baked beans & cheese</p>	<p>Jacket Potato Bar Baked potato with a choice of baked beans & cheese</p>	<p>Jacket Potato & Pasta Bar Wholewheat Pasta with Sauce of the Day or Baked potato with a choice of baked beans & cheese</p>	<p>Jacket Potato Bar Baked potato with a choice of baked beans & cheese</p>	<p>Jacket Potato Bar Baked potato with a choice of baked beans & cheese</p>
<p>Pudding Banana & Chocolate Cake Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)</p>	<p>Pudding Selection of Flavoured Jelly Watermelon & Pineapple slices Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)</p>	<p>Pudding Tottenham Cake Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)</p>	<p>Pudding Sticky Ginger Cake Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)</p>	<p>Pudding Ice Cream Pot Watermelon & Pineapple slices Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)</p>



Weeks commencing: 21 Apr, 11 May, 8 Jun, 29 Jun

WEEKLY MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Soup Pea & Mint with Homemade Bread of the day</p>	<p>Soup Cream of Tomato with Homemade Bread of the day</p>	<p>Soup Mushroom with Homemade Bread of the day</p>	<p>Soup Spiced Lentil with Homemade Bread of the day</p>	<p>Soup Leak & Potato with Homemade Bread of the day</p>
<p>Main Dish Mac N Cheese with Toppings (GF, DF & HF available)</p>	<p>Main Dish Chicken & Vegetable biryani (GF, DF & HF available)</p>	<p>Main Dish Lemon & Herb Roast Chicken Thighs (GF, DF & HF available)</p>	<p>Main Dish Turkey Chilli with Salsa & Sour Cream (GF, DF & HF available)</p>	<p>Main Dish Breaded Chicken Goujons (GF, DF & HF available)</p>
<p>Vegan/Veggie Main Dish Vegan Mac & Cheese with Toppings (GF and DF available)</p>	<p>Vegan/Veggie Main Dish Matar Paneer (GF and DF available)</p>	<p>Vegan/Veggie Main Dish Roasted Vegetable & Mozzarella Turnover (GF and DF available)</p>	<p>Vegan/Veggie Main Dish Mixed Bean Chilli with Salsa & Sour Cream (GF and DF available)</p>	<p>Vegan/Veggie Main Dish Courgette & Tomato Frittata (GF and DF available)</p>
<p>Side Dish & Salads Sweetcorn Peas Artisan Salad Bar</p>	<p>Side Dish & Salads Basmati Rice Cauliflower Roasted Carrot Artisan Salad Bar</p>	<p>Side Dish & Salads Roasted New Potatoes Broccoli Green Beans Gravy Artisan Salad Bar</p>	<p>Side Dish & Salads Basmati Rice Creamed Spinach Carrots Tortilla Chips Artisan Salad Bar</p>	<p>Side Dish & Salads Chunky Chips Baked Beans Mushy peas Artisan Salad Bar</p>
<p>Jacket Potato Bar Baked potato with a choice of baked beans & cheese</p>	<p>Jacket Potato Bar Baked potato with a choice of baked beans & cheese</p>	<p>Jacket Potato & Pasta Bar Penne Pasta with Sauce of the Day or Baked potato with a choice of baked beans & cheese</p>	<p>Jacket Potato & Pasta Bar Penne Pasta with Sauce of the Day or Baked potato with a choice of baked beans & cheese</p>	<p>Jacket Potato Bar Baked potato with a choice of baked beans & cheese</p>
<p>Pudding Blueberry Cake Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)</p>	<p>Pudding Selection of Flavoured Jelly Watermelon & Pineapple slices Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)</p>	<p>Pudding Beetroot Brownie Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)</p>	<p>Pudding Banana Cake Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)</p>	<p>Pudding Selection of Flavoured Jelly Watermelon & Pineapple slices Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)</p>



Weeks commencing: 27 Apr, 18 May, 15 Jun, 6 Jul



WEEKLY MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Soup Vegetable with Homemade Bread of the day</p>	<p>Soup Carrot with Homemade Bread of the day</p>	<p>Soup Roasted Squash & Ginger with Homemade Bread of the day</p>	<p>Soup Curried Lentil with Homemade Bread of the day</p>	<p>Soup Sweet Potato with Homemade Bread of the day</p>
<p>Main Dish Beef Meatball with Tomato Ragù (GF, DF & HF available)</p>	<p>Main Dish Sweet & Sour Chicken (GF, DF & HF available)</p>	<p>Main Dish Margherita Pizza (GF, DF & HF available)</p>	<p>Main Dish Chicken & Chorizo Paella (GF, DF & HF available)</p>	<p>Main Dish Pulled Chicken Bap (GF, DF & HF available)</p>
<p>Vegan/Veggie Main Dish Roasted Vegetable & Lentil Bolognese (GF and DF available)</p>	<p>Vegan/Veggie Main Dish Squash with Black bean (Vegan, GF and DF available)</p>	<p>Vegan/Veggie Main Dish Roasted Summer vegetable & Feta Quiche (GF and DF available)</p>	<p>Vegan/Veggie Main Dish Lemon and basil Risotto with Tofu (GF and DF available)</p>	<p>Vegan/Veggie Main Dish Vegetable Burger (GF and DF available)</p>
<p>Side Dish & Salads Pasta Sweetcorn Peas Garlic Bread Artisan Salad Bar</p>	<p>Side Dish & Salads Steamed Rice Broccoli Carrots Prawn Cracker Artisan Salad Bar</p>	<p>Side Dish & Salads Roasted New Potatoes Peas Carrots Artisan Salad Bar</p>	<p>Side Dish & Salads Broccoli Green Beans Artisan Salad Bar</p>	<p>Side Dish & Salads Chunky Chips Baked Beans Sweetcorn Artisan Salad Bar</p>
<p>Jacket Potato Bar Baked potato with a choice of baked beans & cheese</p>	<p>Jacket Potato & Pasta Bar Tricolour Fusilli Pasta with Sauce of the Day or Baked potato with a choice of baked beans & cheese</p>	<p>Jacket Potato Bar Baked potato with a choice of baked beans & cheese</p>	<p>Jacket Potato & Pasta Bar Tricolour Fusilli Pasta with Sauce of the Day or Baked potato with a choice of baked beans & cheese</p>	<p>Jacket Potato Bar Baked potato with a choice of baked beans & cheese</p>
<p>Pudding Lemon Drizzle Cake Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)</p>	<p>Pudding Selection of Flavoured Jelly Watermelon & Pineapple slices Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)</p>	<p>Pudding Fruit Flapjack Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)</p>	<p>Pudding Mixed Berry Eton Mess Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)</p>	<p>Pudding Ice Cream Pot Watermelon & Pineapple slices Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)</p>

Weeks commencing: 4 May, 1 Jun, 22 Jun

