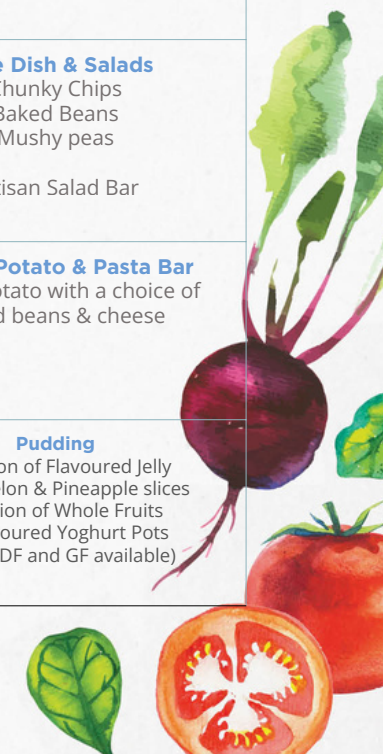


WEEKLY MENU

Week commencing: Week 1:

Monday	Tuesday	Wednesday	Thursday	Friday
Soup Leek and Potato with Homemade Bread of the day	Soup Corn Chowder with Homemade Bread of the day	Soup Roasted Squash & Ginger with Homemade Bread of the day	Soup Carrot & Coriander with Homemade Bread of the day	Soup Roasted Red Pepper with Homemade Bread of the day
Main Dish Beef Bolognaise (GF ,DF & HF available)	Main Dish Roast Chicken Breast (GF ,DF & HF available)	Main Dish Chicken, Red Lentil & Coconut Curry (Gf ,DF & HF available)	Main Dish Pork sausages (Gf ,DF & HF available)	Main Dish Fish & Chips With all the trimmings (Gf ,DF & HF available)
Vegan/Veggie Main Dish Red Lentil & Pepper Bolognaise (GF and DF available)	Vegan/Veggie Main Dish Roasted Vegetable Wellington (Vegan, GF and DF available)	Vegan/Veggie Main Dish Spinach, Sweet Potato & Lentil Curry (GF and DF available)	Vegan/Veggie Main Dish Vegetarian Sausages (GF and DF available)	Vegan/Veggie Main Dish Crispy Mozzarella (GF and DF available)
Side Dish & Salads Penne Paste Green Beans Sweetcorn Artisan Salad Bar	Side Dish & Salads Roast Potatoes Green Cabbage Roasted Carrots & Parsnips Gravy Artisan Salad Bar	Side Dish & Salads Basmati Rice Curried Cauliflower Broccoli Naan Bread Artisan Salad Bar	Side Dish & Salads Creamy Mash Potato Vegetable Medley Gravy Artisan Salad Bar	Side Dish & Salads Chunky Chips Baked Beans Mushy peas Artisan Salad Bar
Jacket Potato & Pasta Bar Baked potato with a choice of baked beans & cheese	Jacket Potato & Pasta Bar Pasta with Sauce of the Day or Baked potato with a choice of baked beans & cheese	Jacket Potato & Pasta Bar Pasta with Sauce of the Day or Baked potato with a choice of baked beans & cheese	Jacket Potato & Pasta Bar Baked potato with a choice of baked beans & cheese	Jacket Potato & Pasta Bar Baked potato with a choice of baked beans & cheese
Pudding Apple Crumble with Custard Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)	Pudding Selection of Flavoured Jelly Watermelon & Pineapple slices Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)	Pudding Vanilla Shortbread Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)	Pudding Jam & Coconut Sponge with Custard Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)	Pudding Selection of Flavoured Jelly Watermelon & Pineapple slices Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)



For weeks commencing: 7 Sept, 28 Sept, 2 Nov, 23 Nov, 14 Dec

WEEKLY MENU

Week commencing: Week 2:

Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish Margherita Pizza (GF ,DF & HF available)	Main Dish Cottage pie (GF ,DF & HF available)	Main Dish Chicken Ragu (Gf ,DF & HF available)	Main Dish Lancashire Hotpot (Gf ,DF & HF available)	Main Dish Cod Fish Fingers With all the trimmings (Gf ,DF & HF available)
Vegan/Veggie Main Dish Vegan Margherita Pizza (GF and DF available)	Vegan/Veggie Main Dish Mixed Bean & Pepper Stew (Vegan, GF and DF available)	Vegan/Veggie Main Dish Lentil & Roasted Vegetable Ragu (GF and DF available)	Vegan/Veggie Main Dish Green Lentil Hotpot (GF and DF available)	Vegan/Veggie Main Dish Cheesy Vegetable Stuffed Sweet Potato (GF and DF available)
Side Dish & Salads Garlic Roasted Baby Potatoes Sweetcorn Cucumber Coleslaw Artisan Salad Bar	Side Dish & Salads Mash Potato Savoy Cabbage Green Beans Gravy Artisan Salad Bar	Side Dish & Salads Penne Pasta Green Vegetable Medley Artisan Salad Bar	Side Dish & Salads Boiled Potatoes Carrots Peas Artisan Salad Bar	Side Dish & Salads Chunky Chips Baked Beans Mushy peas Artisan Salad Bar
Jacket Potato & Pasta Bar Baked potato with a choice of baked beans & cheese	Jacket Potato & Pasta Bar Pasta with Sauce of the Day or Baked potato with a choice of baked	Jacket Potato & Pasta Bar Baked potato with a choice of baked beans & cheese	Jacket Potato & Pasta Bar Pasta with Sauce of the Day or Baked potato with a choice of	Jacket Potato & Pasta Bar Baked potato with a choice of baked beans & cheese
Pudding Creamy Rice Pudding with Berry Compote Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)	Pudding Selection of Flavoured Jelly Watermelon & Pineapple slices Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)	Pudding Apple Strudel with Custard Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)	Pudding Blueberry Muffin Cake Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)	Pudding Selection of Flavoured Jelly Watermelon & Pineapple slices Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)

For weeks commencing: 14 Sept, 5 Oct, 9 Nov, 30 Nov



WEEKLY MENU

Week commencing: Week 3:

Monday	Tuesday	Wednesday	Thursday	Friday
Soup Vegetable with Homemade Bread of the day	Soup Carrot with Homemade Bread of the day	Soup Roasted Squash & Ginger with Homemade Bread of the day	Soup Curried Lentil with Homemade Bread of the day	Soup Sweet Potato with Homemade Bread of the day
Main Dish BBQ Crispy Chicken Strips (GF ,DF & HF available)	Main Dish Beef Chilli with sour cream & Tomato Salsa (GF ,DF & HF available)	Main Dish Chicken Stir-Fry (GF ,DF & HF available)	Main Dish Pulled Chicken Pie (Gf ,DF & HF available)	Main Dish Cod Fish Fingers With all the trimmings (Gf ,DF & HF available)
Vegan/Veggie Main Dish Vegan Crispy Nuggets (GF and DF available)	Vegan/Veggie Main Dish Mixed Bean & Pepper Chilli (Vegan, GF and DF available)	Vegan/Veggie Main Dish Tofu & Vegetable Stir Fry (GF and DF available)	Vegan/Veggie Main Dish Winter Root Vegetable Pie (GF and DF available)	Vegan/Veggie Main Dish Vegetable Burger (GF and DF available)
Side Dish & Salads Herby Roaster New Potatoes Sweetcorn Peas Artisan Salad Bar	Side Dish & Salads Rice Broccoli Carrots Tortilla Chips Artisan Salad Bar	Side Dish & Salads Noodles Medley Of Vegetables Artisan Salad Bar	Side Dish & Salads Mash Potato Broccoli Green Beans Artisan Salad Bar	Side Dish & Salads Chunky Chips Baked Beans Mushy peas Artisan Salad Bar
Jacket Potato & Pasta Bar Baked potato with a choice of baked beans & cheese	Jacket Potato & Pasta Bar Baked potato with a choice of baked beans & cheese	Jacket Potato & Pasta Bar Pasta with Sauce of the Day or Baked potato with a choice of baked beans & cheese	Jacket Potato & Pasta Bar Pasta with Sauce of the Day or Baked potato with a choice of baked beans & cheese	Jacket Potato & Pasta Bar Baked potato with a choice of baked beans & cheese
Pudding Apple Pie with Cream Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)	Pudding Selection of Flavoured Jelly Watermelon & Pineapple slices Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)	Pudding Sultana Cake Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)	Pudding Treacle Sponge with Custard Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)	Pudding Selection of Flavoured Jelly Watermelon & Pineapple slices Selection of Whole Fruits or Flavoured Yoghurt Pots (Vegan, DF and GF available)



For weeks commencing: 21 Sept, 12 Oct, 16 Nov, 7 Dec